

*Our mission is to provide the opportunity for young adults to develop personal and leadership skills through local community service and organizational involvement.*

## what's inside...

- from the president
- jaycees book club
- lion's club candy days  
**fri oct 10 and sat oct 11**
- 2009 board nominations
- harvest festival  
**sat oct 4**
- jaycee bachelor on the auction block  
**sat oct 4**
- fall-a-palooza  
**sat oct 4**
- meet new members  
lisa neuweg and  
joanie spencer

The  
United States  
Junior  
Chamber

### **Bloomington-Normal Jaycees**

P.O. Box 42  
Bloomington, IL 61702  
(309) 823-0509

bnjaycees@gmail.com  
www.bnjaycees.org

Membership meetings:  
Second Wednesday  
of every month at Central Station in  
downtown Bloomington • 7:15pm



# Brüegala

A Festival of International Beer

## brüegala conclusions

by meghan swords

The weather was great, the beer was flowing, and the bands were fantastic! We couldn't have wished for a better Brüegala! This year's event was a huge success!

We went into the weekend knowing we had a new name, new location, new date, but more beers, and a better environment. The Brüegala team and fellow Jaycees spent a better part of the "Brüegala week" preparing the Interstate Center for what was one of the best festivals to date. Banners were hung, the stage was set, and beer was iced down. All we could do was sit back and look around at the difference. We could only hope others would come with the same excitement we had!

Well, all our hard efforts and diligent planning paid off. The festival kicked off Friday night with a very laid back, easy-going crowd. We woke up Saturday feeling apprehensive, hoping for a BIG night. While running some preliminary numbers Saturday morning, we found our attendance paid off the previous evening, and we were able to break even on all of our preliminary expenses (everything

other than the beer bill!) This created a new found excitement within the Brüegala crew. We couldn't wait for the doors to open again! Well... apparently neither could festival-goers; we had a line out the door and a consistent stream of people all night. Close to 900 people attended on Saturday alone!

Thank you for making this year a success. This event would not have taken place without all the dedication and work put in by this group. I look back at many of my past Jaycee experiences over the past several years, and I can't think of a moment, or project, that has made me more proud to be involved in this group. Everyone truly stepped up to the plate. I know we asked for a lot of time and dedication to this project within the last month, but everyone approached it with energy and excitement! That time, dedication, and belief in success is truly what lead us to a successful project.

THANK YOU JAYCEES!

Final numbers will be announced within the upcoming weeks! Stay tuned...exciting announcements to come! Cheers to 2008 and best wishes to Brüegala 2009!

## from the president

*lisa beohm, 2008 chapter president*



Some people think LEADERS are born. I don't. I think leadership skills can be honed if we understand our strengths and weaknesses, and

leadership is part of what the Jaycees are about. If you don't already think of yourself as a leader but would like to, perhaps consider how the Jaycees can help. Feeling more confident as a leader can come from many things, such as chairing or co-chairing a service project, heading up a committee for a project, attending the General Assembly training sessions, or serving in a Board position. Nominations for the Board will begin in October, so don't be afraid to step up and toss your name in the ring.

What are some of the qualities that separate the good from the great leaders?

**Managing your energy** can be one of the keys to leadership. Some would say it's impossible to have one without the other. It all starts with knowing yourself, your limitations, and knowing when you perform best. The key is to schedule your most crucial activities when your energy levels are at their peak and when you feel the most energized.

Another term often used is the **zone of optimum velocity**, which is observing the pace and intensity at which you perform best. This is the zone at which you are most creative, unstressed, happy and productive.

For example:

- **Above the zone:** First you experience stress and frustration, then anxiety, and finally burnout.



At this level you are overwhelming yourself with too much to accomplish at one time. Lighten up a bit to get back on track.

- **In the zone:** You are at your best. Not stressed, going with the flow of work naturally, productive and self-assured, challenged but not overwhelmed, motivated and able to roll with problems.
- **Below the zone:** First you experience boredom, then apathy, and finally depression. You feel useless and artificial; self-esteem suffers. Bite off more and take on a greater challenge to get back on track.

Recognizing how to *protect and replenish* your **emotional energy** is critical for every leader. We all need to learn to recognize what drains our energy—life situations, toxic people, or habits such as worry, indecision or guilt. Once you identify what fills your tank—pleasure, prayer, anticipation, or fun—give yourself more.

Lastly, I believe the kind of **attitude** a leader has really sets the tone for not only how others will perceive them but how receptive to their goals, thoughts and ideas people will be. Author and speaker Zig Ziglar said "*attitude isn't everything, but it's pretty darn close.*" Attitudes truly are contagious. So ask yourself one question...

### Is mine worth catching?

For the community,  
Lisa

*Lisa M Beohm*

## the jaycees book club



The book club is still alive and well. Have you heard about a great book, always wanted to read one and never got to it, or think a particular read would be inspiring? Let your thoughts and recommendations be known. Submissions will be open until **October 1**. The next selection will be announced at the membership meeting on October 8. If you've made a suggestion in the past and we haven't selected it—don't be afraid to keep voicing your opinion.  
Email: lbeohm@webild.com

## lion's club candy days

*by lisa beohm*

The Lion's Club of Normal will be holding their annual Candy Days on **October 10th and 11th** from 10 am to 4 pm. They provided great volunteer support for Brügala, so we are returning the favor. The funds raised from Candy Days will be supporting the club's efforts to provide eyeglasses to those in need in our community as well as fund statewide Lion's Club programs. Shifts are split up into two-hour increments and locations will be at storefronts throughout Bloomington-Normal. Candy is given in return to all of those that make a contribution. The sign-up deadline is October 1. If you are interested in participating in this activity, please contact Lisa Beohm: bnjaycees@gmail.com.



Visit us on the web:  
[www.bnjaycees.org](http://www.bnjaycees.org)

## mark your calendars!



- October 4  
**Harvest Festival**
- October 8  
**General Membership Meeting**
- October 10 & 11  
**Lion's Club Candy Days**
- October 12–18  
**Jaycee Week**
- October 18  
**Rural Pub Crawl**
- November 14–16  
**General Assembly**

## be a leader in 2009

by natalie mckee

It is about time for the big election! No, not the U.S. Presidential election, but the election for the 2009 Jaycees Board of Directors! Nominations began at the September meeting, and we will be opening it up again in October. Voting takes place at the November meeting. If you want to have a hand in designing and managing 2009, throw your hat in the ring. You can nominate yourself or let a member or current board member know that you are interested in a position. The available positions are President, Administrative VP, Secretary, Treas-

urer, Management VP, Community VP, Membership VP, and Individual Development VP. The positions of Social Director and PR Director will be appointed by the 2009 board, so simply inform a board member of your interest. If you aren't sure what the responsibilities are for each of these positions, a description of each is listed in the by-laws of the constitution on our website in the "About Us" section: [www.bnjaycees.org](http://www.bnjaycees.org). You can also talk to the current or past board members. Give it some thought and step up to the plate. Show off those leadership skills!

**MEMBERS:** An amendment to our chapter by-laws was e-mailed to all members September 16. It was presented at the last meeting, and we will be voting on it at our upcoming membership meeting on October 8. Send any questions to Chairman of the Board Az Wazeer at [bnjcob@gmail.com](mailto:bnjcob@gmail.com).

## harvest festival

by natalie mckee

The Interstate Center will once again be hosting the Harvest Festival, co-sponsored by The Pantagraph, on **October 4** from 10 am to 4 pm. For those of you that participated last year in the wind and the cold—the craft portion of the festival has been moved indoors to keep us all warm and encourage a better turn out! This is a family-friendly event

with a autumn theme. There will be a straw maze, scarecrow making, hayrack rides, pumpkin painting, s'mores, hot dog roast, and the list goes on. The Jaycees will be providing a craft activity. For those members who are interested in participating in this event or



have an idea for a craft activity, please contact Sarah Backstrom-Baker at [backstromscool@hotmail.com](mailto:backstromscool@hotmail.com).

## september birthdays



- Craig Bryce
- George Coontz
- Tom Baker

## october birthdays

- Brian Grant
- Jessica Stading

E-mail your *blast* submissions to  
[bnjcadminvp@gmail.com](mailto:bnjcadminvp@gmail.com)

The next deadline is  
**Wednesday, October 8.**

## meet one of our newer members: *lisa neuweg*



**Age/Birthday:** 29; November 13, 1978

**Where do you work?**

Agape Counseling.

**Occupation:** Therapist

**Married?** Yes. My husband's name is Scott and we have been married for three years.

**Children?** No.

**Pets?** Yes. We just got a puppy.

Her name is Maggie and she is a beagle/terrier mix.

**Where are you from originally?**

Elgin, Il.

**Where did you attend college?**

Bradley University for my B.S. and the University of Illinois at Springfield for my M.A.

**What were your majors?**

Psychology; counseling

**What degree/s did you earn:**

Bachelor of Science in Psychology and a Master of Arts in Human Development Counseling

**When did you join the Jaycees?**

August 2008

**Why did you join the Jaycees?**

To participate in volunteer activities and to meet new people in the community.

**What do you like about the Jaycees?**

The variety of volunteer and social activities. I also like the fact that everyone seems to have fun with all the events.

**Current affiliations with other**

**organizations:** I sing with the ISU Civic Chorale.

**Other activities:** I am a yoga student at Main Street Yoga Studio.

**Past personal achievements and/or**

**awards:** I graduated Summa Cum Laude from Bradley University.

**Hobbies:** Scrapbooking

**Special/unique skills:** Singing

**How do you like to spend your free**

**time?** Spending time with my husband, friends, and family. I also like to travel, watch TV, and scrapbook.

**Favorite movie:** *Waiting for Guffman*

**Favorite book:** *The Deep End of the Ocean* by Jacquelyn Mitchard

**Favorite genre of music:**

Showtunes

**Favorite restaurant and/or type**

**of food:** I love Italian food. One of my favorite places to eat is Lou Malnati's. They have the best deep-dish pizza in the Chicago land area.

**Favorite sport:** Baseball (the St. Louis Cardinals)

**Where do you see yourself in five**

**or ten years?** Hard to say. It seems that whenever I try to plan out my life, it takes another turn. But I can't wait to see what happens!

**What would people be the most surprised to learn about you?**

I was home schooled along with my two younger brothers.

## *jaycee bachelor on the auction block*

by natalie mckee

Going once...going twice...**SOLD!** Terry Dodds has signed up with the Zeta Phi Beta Sorority, Inc. Beta Iota Zeta Chapter of Bloomington-Normal, Illinois, to raise funds to "battle the ills of our community" by participating in the 2008 Men of Distinction Black Tie Auction. This will be a fun, formal, and entertaining event which will be held at the Holiday Inn Hotel and Suites, 3202 East Empire Street in Bloomington on **October 4, 2008** at 2 p.m. to be followed by the Dinner Date at 4:30 p.m. A final celebration will begin at 7:00 p.m. with a Distinction Dance and the presentation of the financial awards to the Five Pearls Organization. The Five Pearl organizations are the Leukemia and Lymphoma Society, Neville House, Zeta Phi Beta

Sorority, March of Dimes, and the Boys & Girls Club.

In addition to the auction, there will be a Men of Distinction Calendar which will be used for more than a year featuring the bachelors and sponsors of the event. The Bloomington-Normal Jaycees have enlisted as a sponsor for this calendar.

Tickets for the event are \$30 in advance or \$40 at the door. Please contact Terry Dodds for advanced tickets, questions about the event, or to purchase a calendar:

terrydodds@doddslawoffice.com.



# TOOT YOUR OWN HORN.

*Do you have  
something you  
want to share with  
the Bloomington-  
Normal Jaycees?*

Send your submissions to  
[bnjcadminvp@gmail.com](mailto:bnjcadminvp@gmail.com).

The next deadline is  
**Wednesday, October 8.**

## fall-a-palooza at the interstate center

by steve schroeder

Come one, come ALL to the first annual "FALL-A-PALOOZA!" Make plans for the time of your life at the Interstate Center on **October 4** starting at 5 pm. (This event will be following the Harvest Festival.)

Come out and see three great bands for \$5.00 in advance or \$7.00 at the door. Advanced tickets can be purchased at the Interstate Center or Radio Bloomington offices. This is an **OUTDOOR CELEBRATION** for those

21 and over! Bring your chairs, blankets and yard games. Enjoy Bud, Bud Light, and Sauza Tequila drinks. We will have Shot Girls and lots of free merchandise given away. Food vendors will be on-site so that



you won't have to leave for anything. But if you have to leave, Blue Knight Transportation will be here to get you where you need to go.

Tell everyone that you know that this is a Schroeder Party with **FUNDING!** Questions? Email me at [sschroeder66@yahoo.com](mailto:sschroeder66@yahoo.com).

### • BANDS •

5:00

Wedding Banned

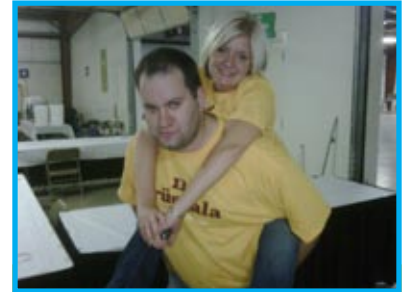
7:00

X Krush

9:00

Boat Drunks

## scenes from brüegala



## meet one of our newer members: joanie spencer



**Age/Birthday:** 33; September 11, 1975

**Where do you work?** State Farm

**Occupation:** Business Analyst

**Married?** No.

**Children?** No.

**Pets?** No.

**Where are you from originally?**

Frankenmuth, Michigan

**Where did you attend college?**

Western Michigan University in Kalamazoo, MI.

**What was your major?** Major:

Interpersonal Communication;

Minors: Social Work and Journalism

**What degree did you earn?** BA

**When did you join the Jaycees?**

August 2008

**Why did you join the Jaycees?**

I joined the Jaycees to be more involved in the community and to meet new people.

**What do you like about the Jaycees?**

I like that the Jaycees are involved in so many worthwhile events in the community.

**Current affiliations with other organizations:** CPCU Society

**Church:** I attend church at St. Patrick of Merna.

**Past personal achievements and/or awards:**

I was voted Table Topic Master of the Year for Toastmasters, and like any good insurance nerd I've earned my Chartered Property Casualty Underwriting (CPCU) designation.

**Hobbies:** Cooking, gardening, volleyball, tennis and golf.

**Special/unique skills:** I actually enjoy public speaking. I like presenting and performing. Weird, I know.

**How do you like to spend your free time?**

With friends, shopping, working

around the house, etc.

**Favorite movie:** *A Christmas Story*

**Favorite book:**

*Best Friends* by Martha Moody

**Favorite genre of music and/or**

**musician:** I like a variety of music

and can't commit to a favorite genre or artist.

**Favorite restaurant:** Locally, I like

Redfire Grille, but another of my favorites is Pastrami Joe's in Marshall, MI.

**Favorite sport and/or game:**

I like board games. Balderdash, Scattergories and Imaginiff... are among my favorites.

**Where do you see yourself in five or ten years?** That is hard to say...

**What would people be the most surprised to learn about you?**

I'm a huge Detroit Red Wings fan. Hockey is the first sport I was ever introduced to, and it is sad to me how little it is understood/ appreciated here.

## 2008 bloomington-normal jaycees executive board

Chairman of the Board.....	Az Wazeer
	bnjccob@gmail.com
President .....	Lisa Beohm
	bnjaycees@gmail.com
Administrative VP .....	Natalie McKee
	bnjcadminvp@gmail.com
Management VP .....	Brent Lee
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Community Development VP.....	Sarah Backstrom-Baker
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Membership VP .....	Patsy Cahoe
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Individual Development VP .....	Open
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### **the blast**

an official publication of the  
bloomington-normal jaycees

Julie Wazeer, editor  
e-mail submissions to:  
bnjcadminvp@gmail.com

Published monthly; e-mailed the third  
week of the month. Submissions due  
the second Wednesday of the month.

### **We Believe:**

*That faith in God gives meaning and purpose  
to human life;  
That the brotherhood of man transcends the  
Sovereignty of Nations;  
That economic justice can best be won by  
free men through free enterprise;  
That government should be of laws rather  
than of men;  
That Earth's great treasure lies in human  
personality;  
And that service to humanity is the best work  
of life.*

**BLOOMINGTON-NORMAL JAYCEES**

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